

# Recent Developments in Amber Biomolecular Simulations

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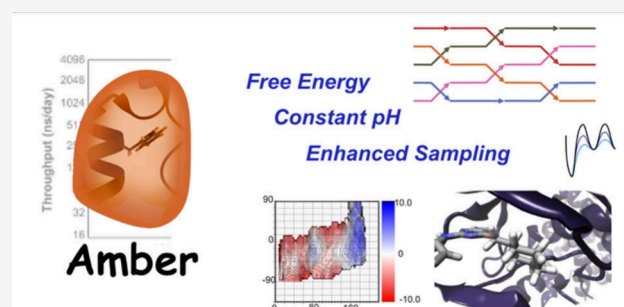
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**ABSTRACT:** Amber is a molecular dynamics (MD) software package first conceived by Peter Kollman, his lab and collaborators to simulate biomolecular systems. The *pmemd* module is available as a serial version for central processing units (CPUs), NVIDIA and Advanced Micro Devices (AMD) graphics processing unit (GPU) versions as well as Message Passing Interface (MPI) parallel versions. Advanced capabilities include thermodynamic integration, replica exchange MD and accelerated MD methods. A brief update to the software and recently added capabilities is described in this Application Note.



## 1. A BRIEF HISTORY

The Amber biomolecular simulation package began in Peter Kollman's group about 45 years ago,<sup>1</sup> and the early history has been summarized elsewhere.<sup>2</sup> By about 1995, Amber developers had converged on the using the particle-mesh Ewald (PME) model to deal with long-range electrostatic effects,<sup>3,4</sup> and the *sander* module had become the primary vehicle for molecular dynamics (MD) simulations. *Sander* has a parallel implementation<sup>5,6</sup> in which forces are distributed among Message Passing Interface (MPI) processes, but the coordinates of all atoms are available to each process at every step. This data structure allows for all parts of the potential energy calculation to be assigned flexibly among processes, but entails additional collective communication. Around 2003, Bob Duke, working with Lee Pedersen and Tom Darden, created a significant new MD engine, called *pmemd*, that distributed both coordinates and forces among processes, introduced dynamic load-balancing, and optimized cache utilization and memory layout. This development continued from Amber versions 8–12, or from about 2003 to 2010.

In 2008, most of the project modules (including *sander*) were split off into an open-source collection called AmberTools,<sup>7</sup> and *pmemd* was distributed as Amber, which provided in source-code form but with a license that included restrictions on use and redistribution. Both AmberTools and Amber support standard molecular dynamics simulations but AmberTools is required for system setup and analysis. For instance, general triclinic unit cells, including but not limited to

rectangular and octahedral boxes, can be used but there is no support for symmetry elements (such as screw axes) that involve rotations. In 2012, *pmemd* was ported to NVIDIA GPUs allowing for significantly accelerated MD capabilities and is what is now distributed as Amber.<sup>8–11</sup> It has since been extended by multiple groups to support additional, more complex algorithms including implicit solvent models,<sup>10</sup> replica exchange,<sup>12</sup> various accelerated MD methods,<sup>13,14</sup> nudged elastic band (NEB)<sup>15</sup> and thermodynamic integration (TI)<sup>16–20</sup> to highlight a few.

This Application Note summarizes additions to *pmemd* in the time period of 2015–2025.

## 2. GPU ACCELERATED PMEMD

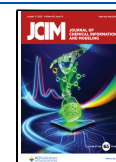
Since GPUs are designed to operate as massively parallel computation engines, they are well-suited to the computational demands of MD simulations. By utilizing the highly parallel architecture of GPUs, as well as a leveraging a novel single/fixed precision model (SPFP),<sup>11</sup> *pmemd* can achieve up to 100-fold speedups compared to traditional central processing unit

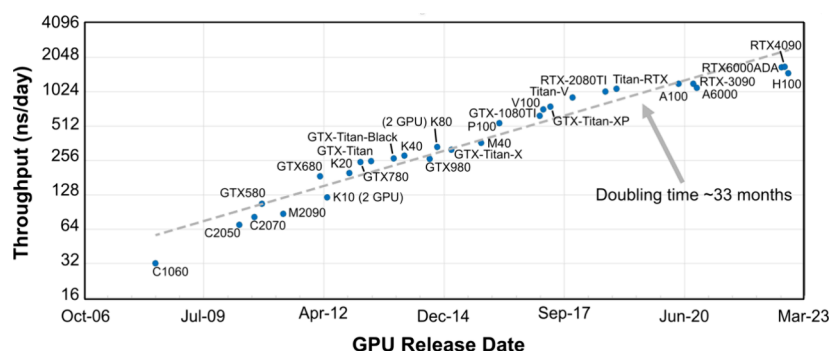
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**Figure 1.** Historical performance of the Amber GPU accelerated *pmemd*. The DHFR 4.0 fs NVE benchmark on different GPU models is shown. All benchmarks are executed on a single GPU.

(CPU)-based simulations and has continued to see performance improvements with each new model of GPU (see Figure 1).

At the time of writing, the GPU implementation of *pmemd* from Amber 2024 yields performance of about 1.7  $\mu$ s per day for the 23000 atom DHFR 4 fs NVE benchmark running on a single RTX 4090 GPU, and over 82 ns/day for the 1.07 million atom Satellite Tobacco Mosaic Virus 4 fs benchmark on the same hardware. While performance with smaller systems such as DHFR have leveled out over the past few years, larger systems are still seeing near linear improvement on newer GPUs such as H100, RTX5080 and B200 SXM. As an example, for the DHFR benchmark, a B200 SXM card is no faster than an RTX 4090 card, for but the much larger STMV system, the B200 SXM result of 114 ns/day is 40% faster than the RTX 4090 (albeit for a considerably higher purchase price).

Amber has recently expanded GPU implementations beyond NVIDIA to those manufactured by Advanced Micro Devices (AMD). Execution on AMD GPUs using ROCm and Heterogeneous-Compute Interface for Portability (HIP) are now possible. ROCm is an AMD software stack for GPU programming. HIP is a C++ Runtime API that allows developers to create portable applications for AMD and NVIDIA GPUs. Amber 2024 can be executed on different AMD accelerator architectures including AMD Instinct MI100, MI210, MI250(X), and MI300A. Timings are updated periodically as new GPU Hardware is released. Along with software dependencies and library compatibility, these are posted when available at the Amber Web site<sup>21</sup> under the GPU Support page.

In summary, the development of the Amber *pmemd* program and its integration with GPU architectures has brought about a revolution in MD simulations by making simulations of biologically relevant time scales possible on cost-effective desktop hardware.

### 3. NEIGHBOR LISTS AND NONBONDED INTERACTIONS ON GPUS

Nonbonded interactions in Amber support the common Coulombic and Lennard-Jones nonbonded potentials. Neighbor lists are essential to the efficiency of periodic MD programs, but also impart most of the complexity. If the problem were to compute the interaction of each particle to every other, a basic Ewald sum could be applied to all pairwise interactions, but the problem then has  $N^2$  complexity in the number of particles  $N$ . The neighbor list subdivides the

problem into spatial regions or clusters of contiguous atoms, allowing the program to calculate interactions which have a good chance of lying within a cutoff distance of one another. The remainder of the interactions, which are farther apart, are negligible for Lennard-Jones interactions. Coulombic interactions are then handled with the PME algorithm of  $N \log(N)$  complexity. Inextricable from this neighbor list is the notion of whether an interaction is excluded, such as bonded atoms, and on GPUs, the ordering of the particles in memory must also conform to some sort of spatial locality. These compounding requirements have driven the evolution of unique neighbor lists in Amber and other codes.

Amber subdivides the problem into spatial regions, parallelepipeds which span the simulation box, which are at least the length of the cutoff between any two opposing faces. Because there is no check on whether a particular periodic image of the interaction between two particles is correct, the simulations are prepared so that all opposing faces of the simulation cells are separated by at least three cutoff lengths. A Hilbert space-filling curve is inscribed within each spatial region to provide a framework for sorting the atoms inside such that the order of their indices in computer memory follows the physical locality of their coordinates in the simulation. Atoms selected from any contiguous sequence in the list are then likely to be near neighbors of one another. This process is accomplished by a GPU library sorting function. Tiles are then produced for the interactions between any two adjacent spatial regions by taking 16 contiguous atoms from one region (*senders*) and checking all atoms of adjacent regions until 32 *receivers* can be found which are within range of at least one of the *senders*. This collection of  $32 \times 16$  tiles is then stored in memory, along with bit masks indicating the exclusion status of any interaction in the tile. The neighbor list is updated once any one particle has migrated far enough to create a potential interaction that has not been accounted within one of the tiles.

### 4. CONTROLLING SOLUTION PH OR REDOX POTENTIAL DURING MD

There are two different implementations of constant pH simulations in Amber. One employs Metropolis Monte Carlo methods, in which discrete protonation states are sampled and one is based upon lambda values, with partial protonation states (PME-CpHMD). Both methods can be performed in two modes, independent of pH or pH replica exchange.

**4.1. Metropolis Monte Carlo Constant pH.** Amber contains the implementations of the discrete or hybrid MC/

MD constant pH method,<sup>22,23</sup> which utilizes Metropolis Monte Carlo steps for protonation state sampling at specified MD intervals. The discrete constant pH method, which samples only physically meaningful protonation states, can be executed either in GB solvent<sup>22</sup> or explicit solvent.<sup>23</sup> One advantage is that multiple residues can be titrated in a single simulation, and each time point corresponds to a physically meaningful binary protonation state of the system (i.e., each titratable group either has a proton or does not). A disadvantage is that the Monte Carlo step to evaluate the protonation change acceptance probability is carried out with an implicit GB solvent energy calculation, even when the underlying simulation uses explicit solvent.

**4.2. Continuous Constant pH Molecular Dynamics (CpHMD).** CpHMD<sup>24</sup> propagates fictitious lambda particles (representing the progress of protonation states) alongside real particles (atoms) according to Newton's equation of motion. The GPU-accelerated particle mesh Ewald (PME)-CpHMD implementation in Amber fully eliminates the dependency of constant pH simulations on implicit GB solvent model.<sup>25</sup> Forces on both real and lambda particles are calculated in explicit solvent, allowing protonation states to be directly determined by the atomic environment, including ions, lipids, and nucleic acids. Thus, the PME-CpHMD method is particularly suited for studying proton-coupled conformational dynamics of transmembrane proteins and nucleic acids. An asynchronous replica exchange algorithm allows the use of any number of GPUs<sup>26</sup> for PME-CpHMD REMD. The PME-CpHMD method builds upon the GBNeck2-CpHMD method in Amber,<sup>27,28</sup> which utilizes GBNeck2<sup>29</sup> for both conformational and protonation state sampling. The GBNeck2-CpHMD method is particularly suited for  $pK_a$  calculations,<sup>28</sup> including challenging residues such as cysteines<sup>30</sup> and lysines.<sup>31</sup>

**4.3. Constant Redox Potential MD.** Due to the mathematical similarities between the Henderson–Hasselbalch and Nernst equations, CpHMD methods can be applied to electrochemistry. The only difference is that now a simulation at constant redox potential requires a cycle that contains both reduced and oxidized forms.<sup>32,33</sup> Discrete constant pH and redox potential MD simulations (C(pH,E)MD) can also be carried out. Some additional information is provided in Section 5.4, below.

## 5. REPLICA EXCHANGE MOLECULAR DYNAMICS (REMD)

The support for different variations of REMD, an enhanced sampling method,<sup>34,35</sup> has expanded in recent Amber versions, and a new python tool is included to help users set up the inputs for complex REMD simulations. Examples of useful REMD methods are given in the following subsections. Generally exchange attempts can be made between even/odd partners. Users have the option of implementing a randomly selected pair in Hamiltonian REMD (H-REMD) simulations and or limiting exchange between the first and last replicas.

**5.1. Constant Pressure (NPT) REMD.** Originally limited to exchanging only temperatures in the NVT ensemble, *pmemd* now supports the use of NPT simulations with REMD. When system volume can change, as in an isothermal–isobaric ensemble, the probability  $P$  of observing a system in a particular configuration is related to pressure and volume in addition to energy.<sup>36</sup> The specific equations implemented in Amber are shown below:

$$P(X_i, E_a) = \frac{e^{-E_a(X_i)\beta_a} e^{-\beta_a P_a V(X_i)}}{Z_a} \quad (1)$$

where  $P_a$  is the external pressure on the system and  $V(X_i)$  is the volume of the system with coordinates  $X_i$ . This changes the Hamiltonian replica exchange probability delta to

$$\Delta_{H,P} = (\beta_b \Delta E_b - \beta_a \Delta E_a) + (\beta_b P_b - \beta_a P_a)(V(X_j) - V(X_i)) \quad (2)$$

and the temperature Hamiltonian replica exchange (i.e., when  $E_a$  is the same as  $E_b$ ) probability to

$$\Delta_{T,P} = \Delta \beta \Delta E + (\beta_b P_b - \beta_a P_a)(V(X_j) - V(X_i)) \quad (3)$$

The right-most term in the Hamiltonian and temperature deltas can be thought of as a “correction” that can be added to the constant volume deltas:

$$\Delta_{\text{correction}} = (\beta_b P_b - \beta_a P_a) \Delta V \quad (4)$$

This PV correction term is added to the Metropolis calculation to account for changes to periodic box dimensions and has been incorporated into Amber when the isothermal–isobaric ensemble is active. Lastly, communication is minimized by the transfer of thermostat temperatures between replicas after a successful exchange, rather than coordinates and velocities. The resulting trajectory files written by an individual MD simulation therefore represent continuous sampling of coordinate space, with changing thermostat temperature. These individual “walker” trajectories can readily be converted to trajectories for each thermostat temperature via postprocessing in *cpptraj*.<sup>37</sup>

**5.2. H-REMD.** Hamiltonian replica exchange is also supported in *pmemd*. Each replica can load a different topology file, allowing alteration of force field parameters between different replicas. Alternately, replicas can vary a parameter in their Amber input files, allowing for many different applications. A few examples include the use of different restraints for umbrella sampling, or different boost strength for accelerated MD. Compared to the traditional approach of using a single MD walker per Hamiltonian, H-REMD allows multiple walkers to contribute to ensemble generation for each Hamiltonian, speeding convergence. In H-REMD, the Metropolis criterion involves evaluation of the energy for each coordinate set using each Hamiltonian. From a practical standpoint, evaluation of the energy for a coordinate set in the alternate Hamiltonian is accomplished by communicating the coordinates to the replica in which that force field or restraint set are already set up. Since this communication is required, the output trajectory files are continuous in Hamiltonian. If desired, conversion to trajectories with continuous sampling of coordinate space is carried out with *cpptraj*. The similarity of the detailed balance equation for H-REMD to that for free energy perturbation (FEP) allows Amber to carry out replica exchange FEP (REFEP) and simultaneously report  $\Delta G$  values between pairs of windows.<sup>38</sup>

**5.3. pH-REMD.** Solution pH can also be varied across different replicas,<sup>39</sup> allowing for constant pH REMD. This can provide a significant advantage over single-pH simulations, since the titration curves can be strongly dependent on pH. When simulating at a pH far from the  $pK_a$  value, the probability of sampling alternate protonation states can be low, which can lead to kinetic trapping in a conformation that favors the current protonation state. Visiting alternate pH values can facilitate conformational changes that are coupled to



pH, speeding convergence of constant pH simulations and predicted  $pK_a$  values. pH-REMD simulations can be carried out in either implicit or explicit solvent.<sup>23</sup>

**5.4. Redox and Coupled Redox-pH REMD.** In Amber, REMD can be carried with replicas sampling different solution pH values, as well as different redox potentials. Using 2D-REMD, both can be varied (E, pH-REMD) for enhanced sampling efficiency when using the discrete protonation state variant of pH-REMD.<sup>40</sup> A study demonstrated the use of C(pH,E)MD to investigate coupled redox and pH effects in a small protein with four heme groups that have distinct redox and pH profiles, but it is very hard to assign particular  $pK_a/E_0$  to individual hemes.<sup>41</sup>

**5.5. Multidimensional REMD.** Amber now supports multidimensional REMD,<sup>12</sup> where users can define combinations of the above tools. For example, replicas can vary by Hamiltonian in one dimension, and temperature in another. Exchange attempts are carried out between replicas that vary only in one dimension. Since the computational costs grow rapidly, users are cautioned to carefully consider which dimensions are most likely to improve sampling for the specific problem being studied.

**5.6. Reservoir REMD.** A combined Monte Carlo + MD approach using the reservoir REMD method<sup>42,43</sup> has been implemented in which users can load a set of alternate conformations in a pregenerated structure reservoir. Periodically, exchanges are attempted between the currently sampled conformation and one selected randomly from the reservoir. Reservoir REMD rapidly accelerates the ensemble convergence of REMD simulations. The method has been applied to the simulated folding of peptides/proteins<sup>44</sup> and RNA,<sup>45</sup> estimating the impact of mutations,<sup>46</sup> as well as refinement and reranking of alternate ligand poses<sup>47</sup> generated using virtual screening.

## 6. ALCHEMICAL FREE ENERGY

Alchemical free energy (AFE) methods<sup>48</sup> leverage artificial “alchemical” pathways to efficiently predict free energy difference between states, and can be applied to gain insight into chemical processes such as the transfer of a molecule from an aqueous to lipid environment, the change in protonation state of a titratable residue in a protein or nucleic acid, or the binding of a drug-like molecule (ligand) to a protein target.

The infrastructure for conducting AFE simulations has been greatly extended in Amber to include a wide range of new methods. A number of new features enable optimization of alchemical transformation pathways.<sup>49,50</sup> As a start, these include the use of “smoothstep” functions<sup>51</sup> in the weights used for the Hamiltonian mixing, and new form of softcore potentials<sup>49</sup> that maintain balance between Coulomb attractions and short-ranged Lennard-Jones repulsions. Users can “soften” the Lennard-Jones and electrostatic interactions with increasing values of  $\alpha$  and  $\beta$  parameters, respectively (see ref 49 for details). Further flexibility is provided through lambda-scheduling features that allow customized transformations to be performed. Specifically, different energy terms can be transformed over distinct lambda subintervals.<sup>52</sup> For example, a traditional stepwise “decharge-vdW-recharge” transformation,<sup>53</sup> that in previous versions of the code would require 3 separate simulations, could be combined now in a single-step transformation. Second, an alchemical enhanced sampling (ACES) method has been implemented for robust AFE simulations for a wide range of applications.<sup>54</sup> The ACES

method leverages the new optimized alchemical transformation pathways along with Amber’s existing Hamiltonian replica exchange molecular dynamics (H-REMD) framework that has recently been extended for use in the NPT ensemble. Third, new tools for customizing the lambda-spacing through optimization of the phase space overlap lead to improved H-REMD and ACES sampling.<sup>55</sup> Fourth, scaffold-hopping (core-hopping) relative binding free energy (RBFE) and absolute binding free energy (ABFE) capability are enabled through lambda-dependent Boresch bond, angle, and torsion restraints, and enhanced by lambda-dependent RMSD-fitting restraints to floating reference molecular scaffolds. Fifth, AFE simulations can be conducted using equilibrium thermodynamic integration or free energy perturbation methods, or using a new nonequilibrium work framework and application of Jarzynski<sup>56</sup> and Crooks<sup>57</sup> equations. Sixth, end-state free energy corrections using an “indirect” (sometimes referred to as “book-ending”) approach (e.g., MM  $\rightarrow$  QM, MM  $\rightarrow$  MLP, or MM  $\rightarrow$  QM + MLP) are possible for a wide range of generalized hybrid quantum mechanical (QM) and machine learning potentials (MLP).<sup>58–61</sup> These free energy simulations can be performed using either equilibrium<sup>62</sup> or nonequilibrium<sup>59</sup> methods. Seventh, network-wide alchemical free energy analysis of thermodynamic graphs with cycle closure and experimental constraints<sup>63</sup> is enabled through the latest version of FE-ToolKit.<sup>7,64</sup> FE-Toolkit is a versatile software suite for the automated analysis of free energy surfaces, minimum free energy paths, and alchemical free energy networks (thermodynamic graphs).<sup>64</sup> Finally, these methods have been integrated into workflows for production free-energy simulation setup and analysis.<sup>65</sup>

## 7. IMPROVED SAMPLING IN A SINGLE MD SIMULATION

Both REMD and AFE calculations are parallel processes. If single CPU or GPU sampling is needed, new improved sampling methods are under development in Amber.

**7.1. Self-Guided Langevin Dynamics.** The self-guided (SG) molecular simulation methods, namely, the self-guided molecular dynamics (SGMD)<sup>66,67</sup> and the self-guided Langevin dynamics (SGLD)<sup>68–73</sup> were developed for efficient conformational searching and are implemented in Amber. SG methods do not rely on *a priori* energy barrier information to enhance sampling. Instead, they achieve an enhanced conformational search by promoting low frequency motion, which is extracted through a simple local averaging scheme during simulations. SGMD/SGLD has been applied to many studies of long time scale events such as peptide folding,<sup>74–77</sup> conformational reorganization,<sup>78</sup> conformational state recognition,<sup>79</sup> and conformational transitions.<sup>80–82</sup>

**7.2. GaMD.** Gaussian accelerated MD (GaMD) is an established enhanced sampling technique that has been implemented in Amber since 2012.<sup>83,84</sup> In GaMD calculations, a harmonic boost potential is added to smooth the biomolecular potential energy surface<sup>83</sup> and reduced the system energy barriers. GaMD accelerates biomolecular simulations by orders of magnitude. When the rare events are not known in advance, the method is advantageous because a predefined reaction coordinate or collective variables are not required. This enables unconstrained sampling of large biomolecular complexes. Since the GaMD boost potential exhibits a Gaussian distribution, biomolecular free energy profiles can be approximately recovered through cumulant

expansion to the second order. Moreover, Amber includes novel ligand GaMD (LiGaMD),<sup>85–87</sup> peptide GaMD (Pep-GaMD),<sup>88</sup> and protein–protein interaction GaMD (PPI-GaMD),<sup>89</sup> which allow for binding thermodynamics and kinetics calculations of small molecules, peptides, and proteins, respectively.

## 8. THE “MIDDLE” THERMOSTAT

As an alternative thermostat, the middle thermostat scheme also leads to accurate configuration distribution of the constant temperature ensemble (e.g., NVT or NPT ensemble), regardless of whether the thermostat is stochastic or deterministic.<sup>90–92</sup> For example, it yields a new, more efficient, and robust integrator that achieves accurate joint distribution of volume and configuration for the isobaric–isothermal (constant-NPT) ensemble.<sup>93</sup> In comparison to conventional MD integrator algorithms, the middle thermostat scheme increases the time step size (i.e., time interval) by a factor of 4–10 for obtaining converged results. The middle thermostat scheme for flexible force fields as well as for force fields with holonomic constraints (e.g., fixed bond length) has been integrated into *pmemd*, *pmemd.MPI*, and *pmemd.cuda*.

## 9. FORCE FIELDS

**9.1. General.** The force fields supported in Amber are distributed in AmberTools<sup>7</sup> annually and are not covered here. However, it is worthwhile to note that each molecule type (e.g., protein, RNA, DNA, ligand, carbohydrate, lipid, etc.) or ion that is incorporated into the users' system and simulated with *pmemd* has its own force field. Choosing the correct combination is important to simulation reliability and recommendations can be found at the Amber Web site<sup>21</sup> under the *Force Fields* page.

**9.2. Integration of 12–6–4 Nonbonded Potentials for Metal Ions.** Amber 2024 enhances the flexibility of a previously established 12–6–4 LJ nonbonded model<sup>94</sup> by allowing the users to manually scale up/down the polarizability of ligand atoms according to several recent parametrization schemes.<sup>95,96</sup> The new model is hence known as a modified 12–6–4 LJ nonbonded model.

Users may find some preparametrized polarizabilities for common metal–imidazole<sup>95</sup> and metal–acetate<sup>96</sup> interactions to fulfill the need of simulating metal binding sites containing aspartates, glutamates and histidines. Moreover, Amber 2024 also supports directly defining  $C_4$  coefficients between specific atom pairs. Users may directly use *tLEaP* to apply the highly flexible, yet chemically meaningful  $C_4$  coefficients to any metal-containing systems.

In previous versions of Amber and AmberTools, a dummy atom type is needed to achieve this atom-pair-specific version of modified 12–6–4 LJ nonbonded model, as mentioned in the earlier work.<sup>97</sup> With the support of Amber 2024, no dummy atom type is needed, and the atom-pair-specific version of modified 12–6–4 LJ nonbonded model can be applied more precisely and efficiently.<sup>20</sup>

## 10. TUTORIALS

Tutorials are continually maintained and updated on the Amber Web site<sup>21</sup> under the *Tutorials* page. At that site, a full list of tutorials and descriptions can be found; examples include how to build different simulation systems, how to parametrize nonstandard parameters, generally creating stable

systems and running standard MD, general trajectory analysis, some simple case studies, free energy calculations, chemical reactions and equilibria and helpful tools. Noteworthy new tutorials orient users to the middle thermostat, TI with ACES calculations, including a “Quick Start” FE-ToolKit tutorial on how to analyze free energy simulations, and use of 12–6–4 nonbonded potentials in metal ions.

## ■ ASSOCIATED CONTENT

### Data Availability Statement

Amber is free of charge for noncommercial use. Please see the Amber Web site<sup>21</sup> for full licensing and distribution information. To download Amber, navigate to the Amber Web site under the *Download Amber* section. Software dependence and build directions can be found in the *Installation* section of the Amber Web site (<https://ambermd.org>).

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## Notes

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